

You are invited to

The Parenting Teenagers Course

For parents, step-parents, or carers of children aged 11 – 18 years.



Why do this course?

Parenting teenagers is harder than ever for most parents today. No role we undertake in life is more important than parenting.

For more information on the course.

http://youtu.be/SxQVepD_xnc

<http://www.marriageandparenting.org.au/tptc/>

Join other parents in a friendly, open and dynamic atmosphere over five weekly sessions, to learn, share and discuss topics of interest to any parents of teenagers.

Sessions' Topics.

- ✚ Keeping the End in Mind;
- ✚ Meeting our Teenagers' Needs;
- ✚ Setting Healthy Boundaries;
- ✚ Developing their Emotional Health;
- ✚ Helping Them Make Good Choices.

We are the main influence on our teenagers' future. Discovering we are not alone in the challenges we face and picking up ideas from other parents can make a huge difference in the way we parent our teens.

Dates: 5 consecutive Friday nights starting 24/10 and ending 21/11

Time: Arrival at 7:15pm for a 7:30pm start. Finish by 9:30pm

Location: Berwick College in Classroom D2

Cost: Free Course with a \$10 charge to cover materials

Contact: Flory Bradea 0410 911 193 for enquiries and to register by 20/10/14