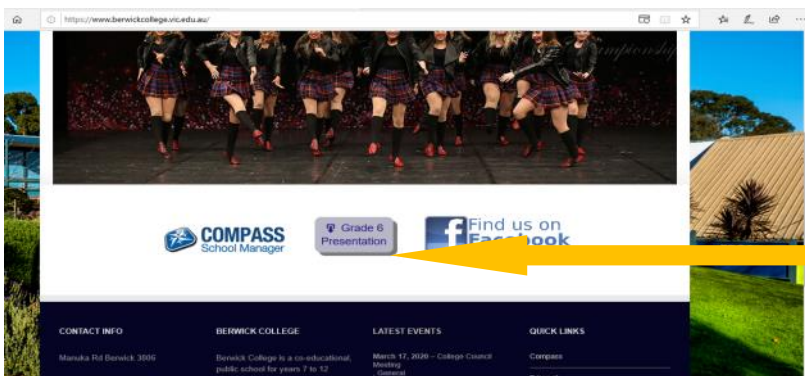


**NEWSLETTER ISSUE 6**

**Friday 26th June 2020**

KEY DATES	
<b>Term 3</b>	
<b>Friday 26th June</b>	Report Writing Day—Student Free Day <b>End of Term 2</b>
<b>Monday 13th July</b>	<b>First Day Term 3</b>
Friday 31st July	Year 7—11 Semester 1 Reports available
Tuesday 4th August	Year 9 to 10, 2021 Course Counselling 2:00pm to 8:00pm
<b>Wednesday 5th August</b>	<b>Professional Learning Day—Student Free Day</b>
Thursday 6th August	Year 10 to 11, 2021 Course Counselling 2:00pm to 8:00pm
Friday 7th August	Year 12 Reports available
Thursday 13th August	Year 10 Immunisations



Information for families with students in Grade 5 and Grade 6 is contained in an online power point presentation on our [website](#).

This is a large file and you will need to select Download twice but it contains helpful information regarding our High Achievers, Dance and Basketball Programs, Learning Teams and overall school processes.

**OFFICE HOURS - Telephone: 8768 1000**

**FINANCE OFFICE:** Monday to Friday: 9:00am – 4:00pm

**ADMINISTRATION OFFICE:**

Monday to Friday: 8:15am – 4:00pm

Address: 65-69 Manuka Road, Berwick 3806

Email: [berwick.sc@education.vic.gov.au](mailto:berwick.sc@education.vic.gov.au)

Web: [www.berwickcollege.vic.edu.au](http://www.berwickcollege.vic.edu.au)

**BERWICK COLLEGE NEWSLETTER**

Berwick College notifies parents by email when newsletters are published. Newsletters are published three times per term. Newsletters can be accessed on the Berwick College website. Please keep up-to-date with all College news by reading the newsletter, following us on Facebook and contacting the appropriate Home Group Teacher if you have any concerns.

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## PRINCIPAL'S REPORT

*...“Our staff, parents and students have experienced a transformative period of learning, independence and growth that will go down in history as a turning point in education.”*

Thank you to all our staff for their extraordinary hard work and support for a term that has been like no other in history. Last week our Year 7 to 10 students joined senior students in their face to face learning and it has been lovely to hear their laughter in the school grounds again and to have a sense of normality leading up to the holidays.

Parents have supported their children while they have been learning from home and have had an insight to the professionalism, creativity and expertise that is provided on a daily basis to their children. Our students and our school is doing extremely well, and I am very grateful for the hard work, adaptability and dedication of our staff. Teachers have worked very closely with students and parents to provide the best possible support and families have acknowledged their appreciation. The positive relationships and partnerships between teachers, students and parents have been strengthened, and during the constantly changing landscape, everyone has demonstrated resilience and cooperation.

We will be doing things differently in the future. I have been excited to hear from our teachers and students of some of the innovative and creative approaches that they would like to retain. Capturing first-hand knowledge, experience and learnings through surveys has been a crucial part of this process and will guide our discussions when considering emerging practice; making sense of the changes that were and still are, part of our education landscape. Next term we will consider simplifying structures to ensure our focus remains on teaching and learning to improve student outcomes and doesn't 'snap back' to what is known and comfortable. We want to recognise and consider implementing actions that strengthen and transform our learning community.

Berwick College is recognised for the provision of rich and varied pathways for all students. Year 7 and 8 students create a careers e-portfolio (All About Me), year 9 students undertake formal testing using the Morrisby Profile and year 10 students conduct research activities based on career occupations. In year 11, students undertake career investigations using identified career target areas, which includes investigating future courses and/or training goals via VTAC or other relevant websites. Year 12 students prepare a career pathway plan in Term 1 and receive support to apply to their preferred pathway during Term 3. Since COVID-19, Year 9s are able to do the Morrisby testing online. This provides a great opportunity for students to do this with their parents at home.

Further, Course Counselling sessions are held during Term 3 for parents and students, to assist with planning for future pathways. Career sessions have been conducted differently this year due to COVID-19 and the need to shift to remote learning. Classes moved to Google Classroom using a range of interactive careers resources and links to support student engagement and/or learning. Students have continued to develop Careers Actions Plans using the Berwick College Careers Page, Career Tools, VTAC and other relevant websites.

Assessment forms part of a road map indicating a student's current level. Staff gather, analyse and interpret evidence, reflect on the findings and make informed and consistent judgements to improve student learning. Compass provides parents with a snap shot of their child's assessment results in OnDemand Testing and the Victorian Curriculum. We also encourage our students to reflect on and monitor their progress. Staff are currently finalising reports for our students which are a reflection and summary of their learning and our teaching. Reports will be available online on Friday 31st July.

On Tuesday 9th June, year 8, 9 and 10 students received their Semester 2 timetables so they had an opportunity to adjust electives. Staff received their new timetables the last week of May. My thanks to our Timetabler Ms Dee Longwill who has done a great job ensuring our timetables were ready to go.

My thanks to the VET Community Service students and Ms Lentowicz who hosted a 'Biggest Morning Tea' on Thursday 25th June to raise money for the Cancer Council. Although run a little differently this year, the students worked very hard to prepare the food, take orders and deliver the baked goods to staff rooms.



## PRINCIPAL REPORT CONTINUED...

We were grateful to have been included in the DET Breakfast program where food is provided to our students for breakfast, sometimes for lunch and holiday packs. We have been working through the logistics of implementing this program which commences one day a week next term and will supplement the two days a week two local churches provide breakfast at our school.

We have had very positive feedback from students and parents on their child achieving a green chronicle for demonstrating our College values. On 18th June I received an email from the DET informing me that our College had achieved Blue level of acknowledgement for our progress in implementing the essential features of Tier 1 School-wide Positive Behaviour Support (SWPBS) with fidelity in Term 1 this year. Implementation of SWPBS might take between 3-5 years and it is wonderful to see that our SWPBS team, led by Ms Rebecca Hann and Ms Irena Arney and staff is making progress in their efforts to create a more positive, effective learning environment.

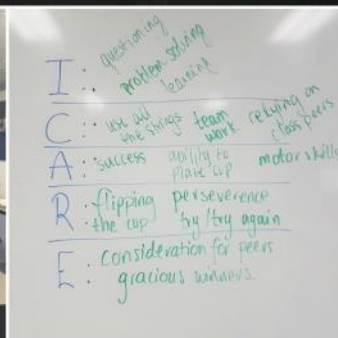
I hope you have a good break and a relaxing and safe holiday. **Ms Kerri Bolch - Principal**

## SCHOOL WIDE POSITIVE BEHAVIOUR SUPPORT ICARE—INQUIRY, COOPERATION, ACHIEVEMENT, RESILIENCE AND EMPATHY

The SWPBS Team organised an awesome Home Group activity that students did on Tuesday the 16<sup>th</sup> of June.

Students worked in groups of five to move a cup into a circle using only one rubber band and 5 pieces of string. Students had to collaborate and listen to each other to get the cup in the circle before any of the other teams. Students then spoke about how they needed each of our ICARE values to complete this challenge.

We were very impressed with all of the Learning Teams. **SWPBS team**





# SENIOR SCHOOL (YEARS 10-12) COURSE COUNSELLING

## YEAR 9 GOING INTO YEAR 10 IN 2021

Course Counselling will be held in the Senior School on Tuesday 4<sup>th</sup> August between 2pm-8pm.

Appointments can be booked online via Compass and bookings will open on Monday July 13<sup>th</sup> and close on Friday the 31<sup>st</sup> of July.

It is recommended that parents/guardians book appointments with either their child's Student Learning Leader or Assistant Student Learning Leader. If students are going into the Flexible Learning Program (FLP), parents/guardians should book their appointment with the Flexible Learning staff, Julian Walton and Corinne Duhau.

For details of subject choices and fees, please refer to the 2021 Curriculum Guide, which will be available early Term 3 on the College website.

## YEAR 10 GOING INTO YEAR 11 IN 2021

Course Counselling will be held in the Senior School on Thursday 6<sup>th</sup> August between 2pm-8pm.

Appointments can be booked online via Compass and bookings will open on Monday July 13<sup>th</sup> and close on Friday the 31<sup>st</sup> of July.

It is recommended that parents/guardians book appointments with either their child's Student Learning Leader or Assistant Student Learning Leader. If students are going into the VCAL program (Victorian Certificate of Applied Learning) parents/guardians should book their appointment with the VCAL staff, Julian Walton and Corinne Duhau.

For details of subject choices and fees, please refer to the 2021 Curriculum Guide which will be available early Term 3 on the College website.

## YEAR 11 GOING INTO YEAR 12 IN 2021

Course Counselling will be completed in class time with either the Senior School Leader, Erin McCarthy or Assistant Principal, Mark Woodbridge for VCE classes and Applied Learning Leaders, Julian Walton and Corinne Duhau for VCAL classes.

This will occur during Week 2 of Term 3 and students will be taking home a copy of their subject selection sheets to discuss with parents/guardians. They will also be required to complete their subject selections online via our EdVal course selection website.

For details of subject choices and fees, please refer to the 2021 Curriculum Guide which will be available early Term 3 on the College website.

## PAYMENT FOR SUBJECT FEES AND VET FEES

The College will provide the option for subject and VET fees deposits to be paid on Course Counselling nights. Full fees will be due by the end of February, 2021.



*A State government program that supports students to start an apprenticeship or traineeship while at school—34 certificate areas on offer*

**/HEADSTART**  
APPRENTICESHIPS AND TRAINEESHIPS

Carson - Certificate III in Automotive with Cranbourne Holden



Maddie- Certificate III in Automotive with Barry Burke Holden



Braxton – Certificate III in Carpentry with GDR Carpentry and Maintenance



# CAREERS EDUCATION / VET NEWSLETTER

## YEAR 12

During Terms 1 and 2, Year 12 students have been completing a Career Action Plan (CAP). Within the CAP, the students have been researching courses, training or employment requirements to support their application to the Victorian Tertiary Admissions Centre (VTAC), for those students applying to university or TAFE, the police force, defence force, airline, apprenticeship or workplace.

During mid Term 2, as learning moved from face to face to remote, Careers Education for students moved to Google Classroom. Year 12 students were provided with a dedicated Careers Education remote classroom space, where they were able to receive support completing a CAP as well as notifications and links to Virtual Career Expos to attend and other relevant information related to post-secondary applications and/or employment opportunities.

Throughout Term 3, an integral part of the Year 12 transition from secondary school to further education, training or the workplace involves identifying any necessary requirements to enter institutions or organisations related each students preferred career choice. These requirements may include; Australian Tertiary Admissions Rank (ATAR) and pre-requisite subjects/study scores required for entry into university courses, as well as any necessary external tests, interviews, portfolios, auditions or other requirements.

## YEAR 11

During Term 1, most Year 11 students completed their Career Action Plan (CAP) to support their in school and post school pathways related to their preferred career choices. The students used the Berwick College Careers page, supported by Career Tools to research their preferred subjects and the occupations that relate to their favourite subject areas. This included investigating the role and responsibilities, personal requirements and education and training pathways related to their chosen occupation/s.

A small group of students were unable to complete a Career Action Plan in the classroom due to moving to remote learning and therefore were provided with an opportunity to do so through dedicated Careers Education remote classroom spaces.

## YEAR 10

Year 10 students have begun to complete their Career Action Plan during Home Group time via Google Classroom. All students have been given a class code by their Home Group teacher to join a class and are required to complete their plan by early Term 3. Whilst completing their Career Action Plan students begin to set goals and then clarify actions related to occupations they have identified using Career Tools, including an initial investigation into education and training pathways.

## YEAR 9 – MY CAREER INSIGHTS – MORRISBY AT HOME

Year 9 students will be completing their career investigation at home during the latter part of Term 2, early Term 3 using My Career Insights – Morrisby at Home. My Career Insights is a program for all Year 9 students in Victorian Government Secondary Schools. My Career Insights helps students discover, develop and drive their career planning. It is a unique opportunity for students to learn more about their strengths and abilities, whilst exploring potential career options. There are 8 aptitude assessments and 2 multiple choice questionnaires based on interests and personality. The questions have been designed to help students learn more about themselves and their values, preferences, skills and strengths. These insights help students to identify a variety of possible career pathways. Once students set up their profile and complete their assessment, they can use this resource during their senior school years to set goals based on their preferred occupations.

*All students have been given a handout recently that provides detailed information about how to set up their own account and thereafter complete their profile. If your son/daughter has not received this information, please contact the Careers office on 8768 1058 or contact Karen Crawley via email ([Karen.Crawley@education.vic.gov.au](mailto:Karen.Crawley@education.vic.gov.au)).*

## NOTICEBOARD/STUDENT BULLETIN

Important information relating to Careers and VET will be communicated via email to parents, advertised on the Noticeboard outside the office or through the Student Bulletin via the Home Group teacher.

# CAREERS EDUCATION / VET NEWSLETTER

## **STRUCTURED WORKPLACE LEARNING (SWL) – YEARS 10, 11 AND 12**

All Year 10 FLP (Flexible Learning Program), Year 11 and 12 VCAL (Victorian Certificate of Applied Learning) students (aged 15 and over) are required to have a work placement one day a week (either on a Wednesday or Friday depending upon which day they attend their blocked TAFE course).

As you may be aware, all SWL placements were suspended at the end of Term 1, prior to moving to remote learning as per the advice provided by the Department of Education. However, to coincide with the return to face to face learning, schools have now been notified that students are able to move back into their existing SWL work placements and/or obtain one.

If your son/daughter intends to re-commence an SWL placement or find a new one, there are a number of factors that must be adhered to prior to their commencement;

- Parent/guardian approval
- Employer willing to reinstate and/or accept a student for a work placement
- Employer able to provide written evidence of be able to demonstrate social distancing and/or COVID-19 OHS compliance.
- A completed/signed SWL form
- Approval from the Careers office via Narelle Mills (Narelle.Mills@education.vic.gov.au or 8768 1059) for the placement to go ahead.

## **VET (VOCATIONAL EDUCATION AND TRAINING) - Years 10, 11 and 12 students**

Approximately 280 students have elected to undertake a Vocational Education Course at our school or another Technical Educational setting this year. Students are currently undertaking the following 1 or 2 year courses;

### **At Berwick College**

Applied Fashion Design and Technology, Automotive, Community Services, Construction Pathways, Dance, Electrotechnology, Outdoor Recreation, Small Business and Visual Arts.

### **Off Campus at another school or TAFE institution**

Animal Studies, Beauty, Computer Assembly, Graphic Design, Early Childhood Education and Care, Equine, Furniture Making, Health Services, Horticulture, Information Technology, Kitchen Operations, Laboratory Skills, Make Up, Music, Plumbing, Retail Operations, Salon Assistant (Hairdressing), Screen and Media, Sport and Recreation and Tourism.

The benefits of undertaking a VET program whilst at school are;

- They assist students to become 'job ready' thereby increasing their employment prospects.
- They form part of recognised pathways to further education and training.
- Upon successful completion, students receive a nationally accredited qualification.
- A necessity within the Applied Learning Program for Years 11 and 12 that contributes to units of credit required to obtain an Intermediate and/or Senior Certificate.

## **VET – REMOTE LEARNING AND BACK TO FACE TO FACE LEARNING**

During the shift from face to face learning to remote learning for school students, all VET courses moved to a remote mode of learning too. All students/parents/guardians were contacted directly by the VET/TAFE institution with advice about how this would occur and students continued to complete their studies during this time on their regular, scheduled day/time. All VET courses held at Berwick College have now moved back to face to face and students in Years 10, 11 and 12 should be attending classes.

Further, those VET courses held off campus are also moving back from remote learning to face to face learning. These VET/TAFE institutions have advised Berwick College that they will have contacted our students and their parent/guardian recently via email with the date for the change. If your son/daughter is unwell and unable to attend their VET class off campus, please contact the institution directly as well as leaving a message in the VET office on 8768 1073.

Any queries, please contact Laura Germano on 8768 1073 or Karen Crawley on 8768 1058.



# LIBRARY NEWS

We were excited to welcome students back into the Library! Boy did we celebrate! We have been launching so many new books for the students return and have celebrated our FRESH STOCK, with heaps of decorations and notable stickers on each new item! We have a Berwick College Library Catalogue, featuring some of the new books and items we have available for staff and students. We've appreciated students suggesting titles and taking an active interest in their learning and what we purchase for our shelves! Your suggestions have gone directly into what we purchase and it's so great to see so many books go out the door for loaning!



The Storytellers Society commenced again, and the students are working hard on creating a story campaign for our Dungeons and Dragons Group which will commence next term! If you would like information about this new program, please come speak with one of our Librarians.

We added a few great new items to Library this term, including Magazines, Tablet Charger Cables and Portable Chargers. From next term, Staff will also be able to loan out class sets of Ipads, for students in need.

We're still looking for students to start returning their reads that they have had over lockdown and have been happy to see so many coming back through the door. Friendly reminder, if you have an overdue book, please drop it back at the Library, we'll be excited to see it.

Our Eplatform is bursting with heaps of Ebooks & Audiobooks all our staff and students can access anywhere, anytime. Download the free app, and use your school details to login!



# YEAR 10 IMMUNISATION

Just a reminder that the School Immunisation Program continues next term for our Year 10 students who will have the opportunity to be immunised on **Thursday 13<sup>th</sup> August**. Students should eat a good breakfast on the day!

Our College Nurse Tracey does an incredible job organising an efficient timetable for the day to minimise the interruption to student learning, ensuring that together we support a safer community.

We are grateful to all our year 10 parents who returned the consent forms so promptly.

## HOLLOWS HAWKS



We are extremely happy to see our students back at school after remote learning and would like to thank you all for how you were able to adapt from the classroom, to remote learning and now getting back into the classroom. This term has been nothing short of eventful and a great learning experience. We have spoken to many of our Hollows students about the changes and many are missing their sleep ins, slippers, tracky pants and wonderfully cooked lunches. We have asked **Eisraa Fkih** (year 10) and **Jude David** (year 7) to share their experiences of returning to school.



### Jude David

Going back to school was great. Meeting friends was exciting, and I think everyone was happy to meet theirs as well. It was good to come back because it's easier to ask a teacher a question instead of needing to send them an email. Too bad I have to wake up early though.

Online learning was fun as well, being able to relax right after school instead of waiting for mum or dad, or waiting for the bus. The thing about online learning though is only being able to see your friends through a screen.



### Eisraa Fkih

This year so far has been pretty hectic. One day we were at school, and the next staying home, learning online in the midst of a pandemic. I got used to it, and at first enjoyed it a lot actually. Not waking up at 6.30am and being able to learn while still in bed. It was pretty good. I tried some new hobbies (kept some), re-organised my room about a hundred times and had a lot of time to think about everything going on. It was good for me mentally, but as soon as I found out we were going back to school? It kind of hit me and I wasn't ready. Some things that helped me were remembering that I was seeing all of my friends again, I could talk to my teachers so they helped me better understand anything that confused me during online learning. Another great thing was further pursuing some new hobbies I tried. Sewing, sketching, a little bit of art, who knows, I could do something amazing with it!

So basically, isolation was fun while it lasted, and might even come again, but for now, I'm so grateful to be back at school, seeing all my friends and catching up on my mountains of work (you know that's the case for you too). Don't forget, if you're ever having any trouble with assimilating yourself back into school-life, don't be afraid to talk to someone, like your teachers or friends! I'm sure there are a bunch of people going through the same things as you are.

We hope that you have a well-deserved, safe and relaxing two week break from school. Remember that there are changes to your timetable for Semester 2 commencing Monday 13<sup>th</sup> July.

**Ms Deana Mihalos & Mr Neil Gould**  
**Hollows Student Learning Leaders**

[Deana.Mihalos@education.vic.gov.au](mailto:Deana.Mihalos@education.vic.gov.au)

[Neil.Gould@education.vic.gov.au](mailto:Neil.Gould@education.vic.gov.au)



# DUNLOP DIGGERS NEWS

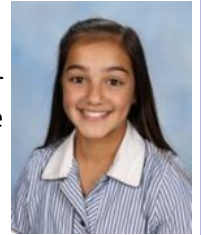


Over the last few weeks, we have been very happy to welcome all our students back to face-to-face learning. We appreciate the hard work that the majority of students put in during the online learning period, especially as we understand that many students faced extra challenges that impacted their ability to focus. It has been lovely to see the students back in the classrooms, engaging with each other. Some of our students have written a brief account of their return to face-to-face learning below:



These past two weeks have been a lot different compared to online learning- in good ways. Such as face-to-face communication, and a lot more hands on work. It is great to be back with my friends and see so many friendly faces again. **Mika Flenner, Year 7.**

After being home for several weeks, it was great to come back to school and see our classmates and teachers. The teachers were happy to see us and helped make sure we were up to date with all our work, understanding that we all had a different experience studying remotely. It's good to be back! **Grace Marandawela, Year 8.**



I have enjoyed the aspect of returning back to a physical learning environment and to be able to socialise with my friends and teachers. The rush of suddenly being back at school was a little difficult at first, but now, as a year 11 student, I am back on track and I look forward to finishing my units 1 and 3 this semester. **Mor Flenner, Year 11.** (Dunlop Student Captain)

A message from one of our Dunlop Student Captains, **Lithira Weerasooriya, Year 10:** Hello Dunlop Students. I hope you had a great online learning experience. Next term, we expect you to hold yourself accountable to the ICARE values, to inquire, cooperate, achieve higher than ever, find inner resolve and to act with empathy. Whilst maintaining your uniform, remember that you are not allowed to use your phones while on the school premises. With that out of the way, I wish you a lovely holiday, and a great start to term 3



We would like to give a BIG thank you to our Home Group Teachers. Through the online learning period, they have monitored their students' attendance, and followed up on students who they thought may be struggling, referring them to us if they need extra support. They have been our eyes and ears through this time, and have had a large positive impact on the students in our learning team. This time showed just how much having a positive relationship with a Home Group Teacher can bolster a student. Well done to **Mr Allen, Ms Lentowicz, Mr Maddison, Ms Besim, Ms Platt, Ms De Leon, Mr Uhlenberg and Mr Edwards.**

Please remind your student that we are here for them if they are struggling with something. They can email us, or come into C1s for a chat. We wish everyone a lovely and safe holiday.

**Miss Hann and Mr Uhlenberg**



## FROST FALCONS NEWS



### CONGRATULATIONS

Congratulations on completing Semester 1 in such surreal circumstances! It has been an interesting semester, filled with an array of memorable events. Miss Rees and Mr. Oke would like you to stay safe over the holidays and look forward to seeing you next semester; whether that will be in the classroom, or through a computer screen!

### YEAR 7 TRANSITION

Miss Rees and Mr. Oke would like to express how proud they are of all Frost Year 7 Students for not only transitioning to Year 7 but transitioning to remote learning and then back to face to face learning! It has been a whirlwind to say the least.

### BACK TO (FACE TO FACE) SCHOOL

Over the last few weeks, Miss Rees and Mr. Oke have had the pleasure of finally welcoming back all of our Frost Falcons. Our Frost students have adapted extremely well in the classroom, and all teachers are ensuring there is enough hand sanitiser for all!



## KENNY KANGAS



**KENNY**  
KANGAS

We are so happy to see all of our students back at school for onsite learning. We were very impressed with all of our students and how they conducted themselves during remote learning with all of their classwork and demonstrating all of our ICARE values.

At the start of Term 2, the Kenny Learning Team introduced our new logo and our new mascot- the Kenny Kangas.

We were also excited to announce that Ms Melissa Zuccolo became the new Kenny Assistant Learning Leader and Kenny Home Group Teacher. We also wished Ms Amy Broekmann all the best as she went on Maternity Leave. We also introduced Ms Erica Peck who also joined the Kenny Learning Team as a new Home Group Teacher.

On Tuesday the 16<sup>th</sup> of June all of our Kenny Home Groups participated in the School Wide Positive Behaviour challenge during Home Group. They all worked so well in their teams and showed some excellent use of our College's ICARE values.

**Mrs Irena Arney**

Kenny Learning Leader



# MIGHTY MONASH



We are very proud of our Monash students with their resilience and independence in tackling the challenges of Remote Learning this term. There were great examples of students helping each other online with their learning and their wellbeing and a class who did a fantastic job of welcoming and including a student who started with us at Berwick College while we were learning remotely.

This Semester our students have put in a great effort in swimming sports, Kenny Day, Maths Week, ICARE Day and Footy Tipping to have us sitting tied for first place on the Learning Team Ladder. Their participation and motivation is what we are most proud of and hope to continue to see our learning team succeed in Semester Two.

We also want to acknowledge some of our students who have been frequently recognised by their teachers for showing the school values to a high standard, in and outside the classroom. The following students received 10 or more Green Chronicles across Semester 1:



**L-R: Ally Mitchell, Saffron Wardrop-Brown, Sarah Borradale, Daisy Coupar**



**L-R: Charlie Johnson, Stefan Kuljanin, Charlotte Bartholomeusz, Thomas Stapleton**

## Article by Karreena —Year 7:

With the recent events concerning the Black Lives Matter Movement, it has definitely impacted a lot of people. There has always been injustice toward Black lives, they have been treated this way for a long time, it was only a matter of time that people would realise what Black lives struggle through. It's also important to remember that this isn't something that happened overnight. Black people have been facing these problems for centuries and that this movement isn't just for George Floyd but for all the Black lives that have been lost over the years. As a person of colour myself, I have also felt racial discrimination directed towards me. I feel I am quite lucky to not struggle through such severe circumstances as other Black people do, but to some extent, I do relate. It is heart-breaking to realise that not everyone can go about their day so freely without heavy thoughts running through their head - which everyone should be able to do. People shouldn't need to fight for basic human rights and respect as everyone deserves them. This is why the Black Lives Matter Movement is important.

The main reason as to why I wrote this piece is since I really want our community to educate themselves on these issues and learn about what happens around the world. It is important to learn about what others struggle through and not just blatantly throw words around without knowing their meaning or effect on people.

***\*\*If any student is impacted by this subject matter, the wellbeing team are available to provide support.***





Welcome back to all students who have now returned to school! Staff and students are returning to a new 'normal' with a mixture of social distancing, hand-washing and various other routines. With a return to school, we thought it might be nice to get a student's perspective on this unique period! We asked students a series of questions regarding this term, and recoded their answers below.

**What would you change?**

- 'Nothing, I really enjoyed it!'
- 'Not having to do it, I prefer to be at school'
- 'Having more time away from my computer'
- 'The amount of work given by teachers'

**What was the best part of remote learning?**

- 'Not getting distracted, having a flexible timetable and the sleep ins!'
- 'Sleeping during recess and lunch'
- 'Teachers gave us work in different ways'
- 'Bell times were consistent'
- 'Ham and cheese toasted sandwiches for lunch!'

**What is the best part of being back at school?**

- 'Seeing friends'
- 'Seeing all my mates, and being able to train for basketball'
- 'Being able to play sports'
- 'Free Hand sanitiser'.

**What did you miss about being in the classroom?**

- 'Having the teacher present to ask questions, not having to join a web call'
- 'Being more hands on with my learning'
- 'Group work with my friends'
- 'Being able to see friends and do work at the same time'.

While this has been an eventful term, we hope that all students (and families) have a great mid-semester break. We look forward to seeing everyone back for Term 3 with the energy to start a productive second half of the year!

Enjoy the holidays!

**Mr Vaughan Chaplin and Mr Adam Nettleingham**  
Flynn Learning Leaders



## COMMUNITY NEWS



Berwick College is partnered with DBT in Schools.

They are providing psychological services to our school, placing a school psychologist in our school one day a week. This is very exciting for our school to help student's develop resilience, and coping skills for a range of challenges they may be facing. This may include challenges such as; anxiety, difficulty coping with friendships, grief, and dealing with parents separating, for example. The Psychologist will focus on helping student's build important life skills. For students with a mental health care plan from their GP this service is no cost to the parent. The sessions are confidential and provide an affordable and convenient service. If you would like your child to have some sessions with the DBT in Schools Psychologist, you should contact Kyra from wellbeing (8768 1022) or your students Learning team leader, who can help you engage with this service. For more information about DBT in Schools you can visit their website at [dbtinschools.com.au](http://dbtinschools.com.au)

How much do you really **know** about Kids Helpline?



### Did you know...?



• All Kids Helpline counsellors are **tertiary-qualified professionals** (not volunteers)



• In 2018, Kids Helpline responded to **67,264** counselling contacts



• Kids Helpline can provide young people with **ongoing, case-managed support**

All this info and more is available in our free presentation resources for teachers and professionals.

FIND OUT MORE

FREE DOWNLOAD NOW

## DID YOU KNOW?

### ACE Foundation offers FREE STUDY CLASSES

with **tutoring** to all High School Students in the City of Casey **Mon-Thur | 4.30-6.30pm** stationery, snacks, WiFi & printing facilities provided  
*Forms are available from the general office*



**ace**  
FOUNDATION  
Aiding Casey Education

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## COVID-19 Screening Clinic



Stop the spread.  
Get tested today.

### **i** You can be tested if you have:

- Fever
- Chills or sweats
- Sore throat
- Shortness of breath
- Cough
- Runny nose
- Loss of sense of smell

[monashhealth.org/coronavirus](http://monashhealth.org/coronavirus)



# COVID-19 REMINDER

There is no charge for COVID-19 testing - any symptoms, however mild, get tested - Link to DHHS testing - <https://www.dhhs.vic.gov.au/getting-tested-coronavirus-covid-19>

If you don't have a Medicare card you can still get tested for COVID-19 - <https://www.dhhs.vic.gov.au/getting-tested-coronavirus-covid-19>

Keep yourself, your friends and family safe these school holidays - <https://www.dhhs.vic.gov.au/how-stay-safe-and-well-covid-19>

## Monash Health COVID-19 Screening Clinics



### **Dandenong**

Carroll Lane carpark (off Cheltenham Road)

7 days  
9am-midday  
1pm-4pm

### **Dandenong**

169 Cleeland Street

7 days  
9am-4pm

### **Clayton**

239 Clayton Road

7 days  
9am-4pm

### **Berwick**

7 Gibb Street

7 days  
9am-4pm

### **Pakenham**

Henty Way

Monday-Friday  
9am-4pm

### **Cranbourne**

Cranbourne Integrated Care Centre  
140-157 Sladen Street

Monday-Friday  
9am-4pm

 **No charge**

 **No appointment needed**

 [monashhealth.org/coronavirus](https://monashhealth.org/coronavirus)





# COMMUNITY NEWS



## futuresinmind Parent Group 2020 Calendar

### JULY

21st July 2020 - 6:30-8:00pm  
*Is my kid ok?*

Do you find yourself wondering if your child's behaviour is "just being adolescent" or something more?

This presentation will focus on what to expect when your child is navigating adolescence and what signs to look for to suggest further investigation. There will be a particular focus on depression and anxiety symptoms.

Presenter: Karen Collidge Investment: \$20  
<https://www.trybooking.com/BHFZK>

### SEPTEMBER

15th September 2020 - 6:30-8:00pm  
*From 0 to 100 in seconds.*

Do you feel as though your child/teen can go from 0-100 in seconds without warning?  
Do you find yourself confused about what is happening?

This presentation will focus on understanding the biology behind emotion regulation using the principles of polyvagal theory. From this understanding we will explore how to help your child learn to notice the cues in their body that let them know they are becoming dysregulated and ways support your child when distressed.

Presenter: Karen Collidge Investment: \$20  
<https://www.trybooking.com/BHFZM>

### NOVEMBER

17 November 2020 - 6:30-8:00pm  
*Emotion coaching to improve communication with your teen.*

Would you like to improve communication with your teen?  
Do you want to reduce conflict with your teen?  
Would you like to learn some new strategies to make this happen?

Emotion coaching is an effective way to improve your teen's ability to express their emotions in a productive way, self regulate and become more resilient. This presentation with focus on the five steps of emotion coaching with a specific focus on teen development and how to apply emotion coaching in parenting your teen.

Presenter: Karen Collidge Investment: \$20  
<https://www.trybooking.com/BHFZH>

### AUGUST

18th August 2020 - 6:30-8:00pm  
*Supporting your child's mental health post parental separation.*

Today, in Australia 1 in 3 marriages end in divorce, and of these divorces 47% of these relationships include children under the age of 18 years.

This presentation will explore the mental health impacts on children who have experienced parental separation and discuss ways in which to support these children.

Presenters: Bernie Beyer & Karen Collidge  
Investment: \$20  
<https://www.trybooking.com/BHFZL>

### OCTOBER

20th October 2020 - 6:30-8:00pm  
*Emotion coaching to improve communication with your child.*

Would you like to improve communication with your child?  
Do you want to reduce conflict with your child?  
Would you like to learn some new strategies to make this happen?

Emotion coaching is an effective way to improve your child's ability to express their emotions in a productive way, self regulate and become more resilient. This presentation with focus on the five steps of emotion coaching with a specific focus on child development and how to apply emotion coaching in parenting your child.

Presenter: Karen Collidge Investment: \$20  
<https://www.trybooking.com/BHFZG>

### DECEMBER

15 December 2020 - 6:30-8:00pm  
*Supporting your child's mental health post parental separation.*

Today, in Australia 1 in 3 marriages end in divorce, and of these divorces 47% of these relationships include children under the age of 18 years.

This presentation will explore the mental health impacts on children who have experienced parental separation and discuss ways in which to support these children.

Presenters: Bernie Beyer & Karen Collidge  
Investment: \$20  
<https://www.trybooking.com/BHFZI>

Karen Collidge is a Family Therapist and mental health nurse practitioner specialising in child, adolescent and family mental health. She works in both private practice and in public health at the Royal Children's Hospital.

Bernie Beyer is a Couples and Relationship Therapist, Art Therapist, family dispute resolution practitioner and mental health nurse practitioner. Bernie works in private practice with children, adolescents, parents and couples in North West Melbourne.

Futures In Mind  
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Numbers for groups are limited.

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