

## NEWSLETTER ISSUE 7

Friday 5th August 2022

Tuesday 9th August	Hollows Learning Team Day
Tuesday 6th September	O'Donoghue and Flynn Learning Team Day
Wednesday 7th September	General Achievement Test (GAT) 9:30am—3pm
Monday 12th to Friday 16th September	Year 10 Game of Life Week (Work Experience)
Thursday 15th September	Teacher Professional Practice Day—Student Free Day Parent Teacher Conferences 4:30-8pm
Friday 16th September	Parent Teacher Conferences 9:00am—2:30pm (Student Free Day) Final Day Term 3
Monday 19th September	Environmental Tour Departure to Cairns
Monday 26th September	Dance Academy Departure to Brisbane—Nationals Competition
Term 4	
Monday 3rd October	First Day Term 4
Wednesday 5th October	Year 12 students commence trial exams
Thursday 13th October	Monash Learning Team Day
Wednesday 19th October & Thursday 20th October	Dance Academy Production 7:30pm
Monday 31st October	Student Alternative Program
Friday 25th November	Report Writing Day—Student Free Day

### OFFICE HOURS - Telephone: 8768 1000

**FINANCE OFFICE:** Monday to Friday: 9:00am – 4:00pm

#### ADMINISTRATION OFFICE:

Monday to Friday: 8:15am – 4:00pm

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#### BERWICK COLLEGE NEWSLETTER

Berwick College notifies parents by email when newsletters are published. Newsletters are published three times per term. Newsletters can be accessed on the Berwick College website. Please keep up-to-date with all College news by reading the newsletter, following us on Facebook and contacting the appropriate Home Group Teacher if you have any concerns.

### TABLE OF CONTENTS

Principal Report.....	2
Year 8 Indonesian Cooking.....	4
Chisholm Learning Team.....	5
Monash & O'Donoghue Learning Teams ....	6
Dunlop Learning Team / Careers.....	7
Library News.....	8
eSafety - Tips for online safety.....	9
Life Changer Program.....	10
Community News .....	11



## Principal's Report

*I have observed students active in their learning and engaged in contributing positively to the school community ...*

Semester One reports were very pleasing with many students achieving excellent academic results and learning growth. I congratulate our students on their hard work and effort over the past two terms.



On the weekend it was a delight to attend the Casey Philharmonic Orchestra performance at Bunjil Place as part of the Harry Potter Concert Series. Mr Michael Couche, Instrumental Music Coordinator, was extremely proud of Berwick College's representation in these special events.

**Katelyn Cai**, our Performing Arts Captain, made her first public performance, our Vocal Ensemble joined the Melbourne Youth Chorale and past student Claire Rainey was also in the orchestra.



Students and staff have had a smooth start to third term with the selection of 2023

course pathways and subjects foremost in our agenda. Through the outstanding VCE and Careers Expo for years 9 to 12, parent information sessions and course counselling afternoons, we aim to offer all our students the greatest choices available to optimise pathway options, engage our students, maximise learning outcomes and stimulate learning.

The 2023 Curriculum Guides showcase the rich and varied pathways and programs that are on offer at our College. In many cases, the pathways will change over the years, but for now, we want all our students to be able to make a successful transition into the next year level or further education, training and employment.

Our year 11 Applied Learning staff and students are to be congratulated on completing a Numeracy unit to project plan, design and prepare a sensory garden behind the Health and Wellbeing Centre. In particular, our gratitude to Ms Hann and Ms Healey, who worked hard behind the scenes and in the trenches to support student learning and outcomes.





## Principal Report— Continued...

Our student leadership, led by Ms Marnie Platt, organised a sausage sizzle at Bunnings last weekend and raised \$2,500.

I look forward to meeting with our student leaders to determine where to spend the funds that would most benefit students over a period of time.



When visiting classrooms, I have observed students active in their learning and engaged in contributing positively to the school community. Students continue to be involved in assessments, sporting competitions and planning for term 4 camps, and tours have continued in earnest. I am grateful to our staff for their flexibility and hard work. I am also grateful to the staff who are offering a number of lunchtime clubs such as craft, gym, English study skills, diamond painting, student newspaper, chess, mixed media art, Minecraft, drama, film, creative writing, yoga and meditation, Dillybag yarning and games. They are a great opportunity to build connections and friendships.

The first session of our recent Professional Learning Day focussed on Koorie Education with guest presenter Courtney Ugle sharing her personal and very powerful story. My thanks to Mrs Michelle Lewis for organising this session. The second session focussed on assessment with Responsive Teaching specialist, Bronwyn Ryrie Jones, for teaching staff while education support staff participated in a session on student trauma, resilience and healing presented by Mrs Kyra Dawson, Wellbeing Coordinator.



The final session was devoted to Student Attitude to School Survey data analysis presented by Mr Andrew Barker. The College will continue to analyse feedback from DET surveys of students including the bullying prevention survey which is issued twice a year to assist us in making important improvements. We value our school community's views and suggestions. Observations from the hundreds of parents who take part in our school tours, many of whom are past students, are always positive and encouraging.

I am very grateful that we have such dedicated teaching and support staff and a caring, supportive school community.

**Ms Kerri Bolch—Principal**

## Year 8 Indonesian Cooking—Bon Appetit!

During class, year 8 students have been learning to prepare, and enjoy eating, a traditional Indonesian meal. The menu included vegetarian Nasi Goreng (fried rice), Avocado Shakes and Kue Dadar. Pictured below right are **Maya and Zahra** cooking Kueh Dadar Gulung (Indonesian green coconut filled pancakes).

**Ms Simone King—LOTE Teacher**





# Chisholm Chargers Learning Team



Chisholm day did not go without challenges and setbacks but overall the day was filled with fun and was a huge success. Thank you to all of the staff ready to help on the day-no questions asked. Thank you to the students of all years 7 through to 11 who gave up their school and lunch time to cook, clean and serve. The whole of Chisholm Learning Team thanks and appreciates everyone's efforts and of course 'La Bella's Pizza' in Beaconsfield for making Chisholm day possible and providing delicious meals.

I had never been more proud to be in Chisholm not only as a captain but as a student. Walking around the school that day, seeing all of the different styles of cultures in one place, was truly rewarding.

Throughout the day there were carnival events and a Chisholm cup to be won which was strongly secured by Hollows. Chisholm day was a day to celebrate the amazing work of Caroline Chisholm who spent her life's work speaking up and providing homes for refugees from all over the world. She was known as "an irresistible force" just like Chisholm is today.

Lastly, I would like to thank everybody who contributed on Chisholm day whether it was coming in free dress, buying foods from a source of different cultures or participating in home group events. It all went towards Red Cross where every cent counts. In total we raised \$2,650 which was well deserved.

## **Congratulations Chisholm Chargers! Shaya Hennesey- Chisholm Vice Captain**

Week 2 we saw our much anticipated Chisholm Day. This year the Chisholm team decided that in the name of Caroline Chisholm we were to conduct our day as a multi-cultural day to celebrate the variety of backgrounds we have in Berwick. Students were encouraged to attend in cultural dress and I would like to extend my gratitude to any student or teacher who dressed up for the occasion! It was a great way to celebrate the diversity of the College.

As is the norm, we had a variety of foods for sale to raise funds for the Red Cross. Each food on offer was a representation of a different nationality, BBQ (Australia), Fairy Floss (USA), Waffles (Belgium), Pizza (Italy) and was keenly supported by large numbers from the college community. I would like to thank each and everyone who contributed towards the day, especially the student volunteers from Chisholm and teachers who worked tirelessly during lunch and assisted on the day. Without the support of the community these days can't go ahead.

I would also like to extend a massive thankyou in recognition of **LaBella Pizza** in Beaconsfield who kindly donated costs towards our Pizza sale, ensuring extra profits for the Red Cross!

**Mr Daniel Bowen**, Chisholm Student Learning Leader

**Ms Courtney Moran**, Chisholm Assistant Student Learning Leader



## Mighty Monash Learning Team



The Monash team congratulates all students and parent/carers on making it through yet another term and a full semester. Term 2 was the first semester since before 2020 where we haven't had any interruptions through remote learning. While this has been a welcome change, and has been fantastic to be back, it is clear that there was an amount of fatigue as we reached the end of Term 2.

Back for Term 3 after a well-deserved couple of weeks' break, students were welcomed with some excellent results. Across the Mighty Monash team, we have seen some fantastic mid-year results and we look forward to the students continuing this achievement throughout the remainder of the year.

It was fantastic to meet so many of our Year 9 and 10 families for course counselling this week. It was inspiring to see a number of students with a clear goal of what they envision their future holds. For those who were a little unsure, no need to panic, there are so many doors still open!

Homegroup teachers received feedback from their students to help improve their practice last week.

The homegroup teacher is the member of staff that students and their families should use as the key contact for all things uniform, attendance and general enquiries. They are also the students' advocate at school and can make contact with other staff to best support student learning and achievement.

### ATTENDANCE

Can we please ensure that we are updating student absences on Compass. If you are unaware of how to do this yourself, your child's homegroup teacher can help if you update them through email or phone call. When you receive a text alert from the College, when your student is absent, click the link and you can enter a reason for the absence in around 30 seconds!

### UNIFORM

Uniform standards have been on the improve at the beginning of this term. If your child will be out of uniform, send them with a note detailing the item of uniform and how long it will take to correct. It is also asked that when out of uniform, that students are wearing colours consistent with the regular uniform. Hoodies, grey tracksuit pants and white shoes will not be accepted, even when accompanied by a note.

**Keep up the great work, Monash!**

**Mr Daniel Coco and Mr Mitchell Wood— Monash Student Learning Leaders**

## O'Donoghue Otellas Learning Team



Welcome back to Term 3! While the holidays seem like a distant memory, it has been great to see students settle into their Semester Two subjects and build relationships with new peers and teachers.

With the weather remaining cold, we ask that parents and students be mindful of continuing to uphold the College values and ensure their child is wearing the correct uniform. We understand at times this can be difficult, but please make sure a note from home is provided to Home Group teachers to ensure we are all on the same page.

One of our Learning Team Captains, Molly Pittard, has moved to another school, so it is with great pleasure that we announce **Samantha Sellers**, *pictured right*, as our new leader. We wish Samantha all the best in her new role and know she will be an excellent role model for all O'Donoghue students.



It was a great few days catching up with the many families and students during our recent course counselling evenings. Working together to look towards the future and what our students want to do after school is always a rewarding experience.

O'Donoghue Day is fast approaching and we look forward to working together to achieve awareness and funds for the Watarrka Foundation. We ask any students or families interested in helping out for this day to reach out to Mr Nugent or Mr Weber.

**Mr Jesse Nugent and Mr Joshua Weber—O'Donoghue Student Learning Leader and Assistant**



## Dunlop Diggers Learning Team



A lot of things have happened behind the scenes since the beginning of term.

Miss Rebecca Hann has moved offices and is now Berwick College's incredible Senior School Leader for the remainder of 2022, leaving myself to take her place as the Acting Student Learning Leader.



Also in big news, **Mrs Devi Aruna** has taken up the position of Dunlop's Assistant Student Learning Leader.

This week we had Course Counselling for Year 9 and Year 10 students, aiming to assist students in identifying their prospective pathways. It was great to see so many students actively engaging in the process, choosing subjects for 2023 which either interested them, or will serve them well for their pathways and potential futures.

I'll take this opportunity to speak about two popular topics: uniform and attendance.

**Uniform:** Many of the students in Dunlop are wearing their uniform with pride, however there is still a smattering of hoodies, jumpers and leggings that we keep seeing around the school yard. We understand it is a cold winter, however the uniform is not only a statement of school pride, it is a safety measure to ensure we can identify students easily if we need to. If your child is going to be out of uniform, please write them a note to take with them so we can issue uniform passes on a short-term basis. Also, if you require assistance in purchasing uniform, please feel free to contact us directly as we are happy to support.

**Attendance:** In the cold months, we do see a natural decline in attendance due to illnesses and those mornings where we all struggle to wake up. It is imperative however that your child attend as much as possible to ensure that their learning is not impacted. If your child is absent, it would be greatly appreciated if you could either log into Compass and block their attendance yourself or contact our attendance officer to notify us. This will allow our records to reflect the correct information and will also minimise the necessity for your child's Homegroup teacher to be in contact to log reasons.

It has been a great start to term 3 and the second semester. We hope to see it continue for the term and year as a whole.

**Mr Jake Uhlenberg & Mrs Devi Aruna**

## Careers Education / VET News



### Structured Workplace Learning (SWL) – Years 10, 11 and 12.

By now most year 10 to 12 FLP/VCAL students should have a structured work placement organised for Semester 2. If your child has not been able to find a placement, please ask them to visit the Careers office and speak to Mr Brittle. If your child does not have an SWL placement now, then they are required to come to school on their designated placement day and work in the Senior School common room, undertaking work placement assignments via the Google Classroom. Please contact Mr Brittle on 8768 1087 with any queries.

### VET (Vocational Education and Training)

Students are beginning to complete a number of units within their Certificate courses at Berwick College or off campus. It is important that all students attend classes regularly to ensure they do not miss valuable learning, hurdle tasks and assessments. Further, students who attend classes off campus must not leave the class early

without teacher permission and a parent approved note.

### Attendance

If your son/daughter is unable to attend their external VET course off campus, please ensure you contact our school (Amanda Komen on 8768 1059) to advise of their absence as well as contacting the institution directly (the class teacher).

### Key Contacts for the Careers & VET office for 2022

VET (Vocational Education and Training)  
Mrs Amanda Komen—8768 1059 – VET Attendance  
Mr Gary Brittle – 8768 1087 (Careers/Structured Workplace Learning)  
Ms Narelle Mills – 8768 1058 (Careers)  
Ms Corinne Duhau – 8768 1058 (Careers/VCAL)  
Mrs Karen Crawley – 8768 1058 (Careers/VET Leader) and VASS queries.



# Library News



## CBCA CHILDREN'S BOOK WEEK – HERE SOON!!

The CBCA will be announcing the annual winners of the **Children's Book of the Year** awards on **August 19<sup>th</sup>**. We will then be celebrating Children's Book Week from **August 22<sup>nd</sup> –26<sup>th</sup>** and this year's theme is ***Dreaming With Eyes Open***.

We will have activities to keep you on your toes, with trivia questions, Minute-to-win-it competitions, Karaoke, Manga drawing, Kahoots, badge making, Write-a-Book-in-a-Day, and lots more!

You can even make a wish upon a star and add it to our Wishing Tree! Watch out for our notifications over the week and come and join in the fun!

## WRITE A BOOK IN A DAY

Do you have a wonderful imagination? Do you love writing stories? Are you always drawing? We are looking for teams of **creative writers** and **talented illustrators** to participate in our annual **Write-a-Book-in-a-**

**Day** activity during Book Week. Join **Mr Uhlenberg** and spend the whole day working with your team to create your very own book! See Mr Uhlenberg for more information then see your learning team leaders to sign up. We can't wait to see where your imagination takes you!

## WIN! WIN! WIN! \$5 Canteen voucher!

We would love to see more people using our wonderful **Wheelers ePlatform** digital library, so **for the rest of the year** we will have a prize for one lucky reader **every week!**

### How do I win?

1. Find the Wheelers ePlatform icon on the school intranet, or download the ePlatform app to your device.
2. Borrow an eBook or audio book using your regular school username and password. Your name will automatically go into the draw.
3. Read/listen to the book.
4. If your name is drawn, come to the library, tell us about the book you read and collect your voucher!





#### **Young people 13-17**

Teenagers can spend a lot of time online. Instant messaging, sharing photos and videos, playing games and using online chat and voice chat through social media services can be a big part of their social identity.

It can be a great experience but there are risks. You can help equip them with the skills to manage these risks and deal with negative situations. The eSafety Guide gives information on latest games, apps and social media, including how to protect your information and report harmful content: <https://www.esafety.gov.au/key-issues/esafety-guide>

eSafety helps Australians prevent and deal with harm caused by serious online abuse or illegal and restricted online content. Cyberbullying of children is when someone uses online content or communication to seriously humiliate, seriously harass, seriously intimidate or seriously threaten a child or young person under the age of 18. It can take many forms including sending abusive messages, hurtful images or videos, nasty online gossip, excluding or humiliating others, or creating fake accounts in someone's name to trick or humiliate them. Targeted advice is available: <https://www.esafety.gov.au/parents/big-issues/cyberbullying>

#### **Advice for parents and carers**

- Keep things open. Have an 'open door' policy when devices are used in bedrooms, and check in with them regularly to see what they are viewing.
- Stay engaged. Ask about their online experiences, who they are talking to online and whether they are having any issues.
- Reinforce the importance of protecting their personal information and privacy. Remind them to create screen names or IDs that do not indicate gender, age, name or location and are not sexually suggestive.
- Equip them to use social media responsibly. Terms of use for each service cover the rules for using the site, the type of content that can be posted and any age requirements. Go through these with your child to make sure they understand what is expected of them.
- Explain that linking social media accounts can make it easier for strangers to learn about them, so it is best to keep accounts separate.
- Encourage them to think before they post. They should ask questions like: Who might see this? Could it be misread by others? Am I creating the right image for myself socially and for school and work opportunities?

Remind them that they could expose themselves to risk by sharing sexually suggestive or intimate images of themselves or others. Check out our advice on [sending nudes and sexting](#)

Keep building their self-respect, empathy and resilience. In particular, be aware of the impact of social media on self-esteem. See [good habits start young](#).

**Help them understand online risks and what to do about them by exploring the [young people](#) section.**

#### **Continue to review your rules as your child grows older**

- Be clear about where and when devices can be used — not at mealtimes, for example, or not until after chores or homework are done.
- Agree on a plan that fits into family routines — perhaps more screen time on the weekend when they have less schoolwork.

**Refer to our advice about [time online](#) and [online gaming](#) if these are of concern.**

#### **Technology tips for parents of teenagers**

Use parental controls appropriately for the age and experience of your child — see [taming the technology](#).

- As they grow more independent and resilient, good open communication becomes more important than blocking or filtering content — realistically your teenager will become increasingly adept at getting around such parental controls anyway.

Check out [Raising Children Network's](#) [<https://raisingchildren.net.au/teens/entertainment-technology/screen-time-healthy-screen-use/healthy-screen-time-teens>] Healthy screen time and quality media choices: teenagers.

CONTACT US TO FIND OUT HOW YOU CAN START CLOCKING UP THE  
**KM4KIDS** IN 2022 AND SUPPORT YOUTH.



## CLOCK UP THE **KM4KIDS** THIS SEPTEMBER AND SUPPORT YOUTH TO LIVE THRIVING, RESILIENT LIVES!



21 days clocking up **KM4KIDS**

...a lifetime of *Infinite Possibilities*



### WHAT ARE THE BENEFITS TO MY WORKPLACE?



KM4KIDS brings your entire organisation together, encouraging **collaboration, community and wellbeing** on all levels.



**Support community and kids!** Work together to be the team that clocks up the most KM4KIDS in September!



Promotes **healthy competition and conversation** among colleagues, all while supporting youth and the LifeChanger Foundation.



**Strengthens staff engagement and retention** by increasing company wide connection and prioritising health, wellbeing and community.



**All staff can get involved!** No matter your fitness level, or where you live, you can clock up your KM4KIDS at your pace and in your own way!



Increase **health and wellbeing** as your entire workplace works together, whilst receiving daily educational and motivational messages from LifeChanger's inspiring ambassadors, helping you clock up as many KM4KIDS as you can!



Katarina Heath

Katarina Heath  
Marketing Team Leader  
LifeChanger Foundation

✉ katarina@lifechanger.org.au

☎ 0428 455 566

Leanne Halligan

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Marketing and Partnerships Co-ordinator  
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**KM4KIDS**

WHAT IS

If young people are to live thriving, resilient lives, it's fundamental they take the time to form a complete view of what they are capable of and what a thriving human being is. Our programs provide that critical space.

Scott Watters, CEO | Founder

LifeChanger's KM4KIDS Challenge is a 21 day health and wellbeing event that challenges you and/or your team to clock up the km for kids, to raise awareness and funds to support youth.

**THE LIFECHANGER FOUNDATION EMPOWERS YOUNG PEOPLE TO LIVE, THRIVING, RESILIENT LIVES BY DEVELOPING THE SOCIAL, EMOTIONAL AND RESILIENCE SKILLS NEEDED TO NAVIGATE LIFE'S CHALLENGES!**

## KM4KIDS

A 21 day virtual wellbeing challenge that challenges YOU, and/or your team to clock up as many kms as you can for kids!  
1st - 21st SEPTEMBER  
FREE REGISTRATION



### Why take part?

#### For You...

Kickstart your health and wellbeing journey, supported by motivational messaging from amazing LifeChanger Ambassadors

#### For Your Team...

Rally your troops around an inspiring wellbeing challenge, building team connection and community

#### For Youth...

Empower youth to tackle the challenges and to live thriving, resilient lives!

### THE CAUSE

- Youth suicide is the no 1 cause of death in today's youth
- 50% increase in self harm** presentations in the last 12 months
- 50% of mental health issues appear before 14 years of age

REGISTER NOW



Every km clocked, creates change for you and for someone else, raising vital funds to support youth

Check out last year's KM4KIDS highlights



info@lifechanger.org.au







## The ISN Clinic offers psychology services to our school community from our Health and Wellbeing Centre

Appointments can be made for any student or parent who may need confidential support for anxiety, depression, bullying, self-esteem, social skills, emotion coaching, anger management, grief and loss, family separation and study skills. There is no cost for this service and no waiting lists at the moment.

**Contact our Health & Wellbeing Centre for more information.**

### ISN Clinic School Psychological Service

FACT SHEET – FOR PARENTS

#### Why your child might benefit from receiving psychology services at school?

Your child might benefit from seeking a psychological service for:

- counselling to help with life's problems including adjustment, trauma, and social difficulties
- educational and developmental support to help with learning difficulties, disorders like ADHD and difficult behaviour, or with developing social skills
- help to deal with mental health problems like childhood depression, teenage depression, childhood anxiety, teenage anxiety, teenage stress and adult stress

#### Does my child need a GP referral to see a provisional psychologist at school?

If your child is in primary school a referral to the school placed provisional psychologist will be discussed with you and you must sign a consent form agreeing to the service.

In secondary schools, the requirement for parent consent varies between individual schools. Often young people can self-refer to the psychologist.

Your child does not need a GP referral to see a psychologist, but your GP is always a good place to start if you're worried about your child's health or development.

They are provided with daily supervision from a team of experienced Senior Clinical Psychologists. In addition to regular supervision, all provisional psychologists have access to a vast array of resources and the latest in clinical tests and research to provide them with timely and up to date information to ensure best client care.

Provisional Psychologists are registered with the Australian Health Practitioners Regulatory Authority.

#### How will information about my child be used?

The psychologist can only use information about your child for the primary purpose for which it was collected. For example, if your child has been referred to the psychologist for learning difficulties, information from assessments will be used to assist teachers with planning and programming in the classroom.

Any other family or personal information that your child might have shared with the psychologist cannot be disclosed, unless it is directly relevant to the child's learning.

#### What happens in the sessions with the psychologist?

That depends on the concerns you or the school have about your child. If your child is having difficulty with school work there will probably be some formal assessment. If your child is having difficulty with friendships or with other relationships, the psychologist will explore your child's understanding of the situation and discuss coping strategies and practice alternative ways of behaving.

Sessions with the psychologist are usually about 50 minutes long and can occur weekly. The psychologist will discuss with you if a referral to an outside agency would be helpful for your child.

#### Will the information be confidential?

The psychologist has an ethical and legal responsibility to protect the rights to confidentiality and privacy of your child. However, there are occasions when psychologists may legally disclose information, for example, if they believe that the child, or someone else in the community, is at risk of harm. As your child's guardian, you have a legal right to access their health information.

All confidential psychology files are required to be securely stored either in password protected electronic files or locked filing cabinets. Only the psychologist and their supervisor can access these files.

The information in this handout is adapted from the Australian Psychological Society's 'Psychologists in schools: Information for parents' document. See [www.psychology.org.au](http://www.psychology.org.au) for more information.



#### What is a psychologist?

Psychologists are registered health practitioners who have expertise in the area of human behaviour. They have studied the brain, memory, learning, human development and the processes that determine how people think, feel, behave and react.

They help children and young people to achieve academic success, psychological health and wellbeing, and social and emotional wellbeing.



#### ISN Clinic Psychology Service

ISN Clinic is pleased to be able to offer psychological services to students in your school in collaboration. ISN Clinic provides psychological services through higher degree provisional psychologists as part of the Master of Clinical Psychology degree offered through ISN Psychology. Provisional psychologists are typically in their 5th and 6th years of psychology training and are all supervised by Senior Clinical Psychologists who oversee their practice.



#### How do I know that a provisional psychologist is the right person to help my child?

Provisional psychologists have received training in ethical practice that is designed to protect both the integrity of the profession and the rights and safety of the public, including children in schools.

The information in this handout is adapted from the Australian Psychological Society's 'Psychologists in schools: Information for parents' document. See [www.psychology.org.au](http://www.psychology.org.au) for more information.



### headspace Narre Warren is here to help!

We provide free Mental Health support, Primary Health Services and Alcohol and other drugs support for those between 12 - 25 years of age.

Open hours: Monday's 10am till 4pm, Tuesday to Friday 10am till 6pm

To get in touch with us you can:

Find us at the 66 Victor Crescent, Narre Warren, 3805

Email us at: [headspaceDNWenquiries@each.com.au](mailto:headspaceDNWenquiries@each.com.au)

Call us at: 1800 367 968

or check our web site at: [headspace.org.au](http://headspace.org.au)



headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health



## U8'S & U10'S PLAYERS NEEDED

The Casey Basketball Association are looking for new boys and girls players aged 5-9 to start playing basketball!

Games are played on Thursdays or Saturdays!

**TO REGISTER YOUR INTEREST VISIT**  
**[caseybasketball.com.au/play](http://caseybasketball.com.au/play)**