


2024 Term 4 Key Dates	
Monday 4th November	Alternative Program
Tuesday 5th November	Melbourne Cup Public Holiday
Wednesday 6th November	Parent/Carer Forum 5:30pm—6:30pm in Administration Registration: https://forms.office.com/r/q9EC7gcnf7
Thursday 14th November	Seminar— <i>'My kids used to listen to me but now their friends are more important'</i> 7:00pm—8:30pm PAC Registration: https://compasstix.com/e/nc4scx533p
Monday 18th November	Year 10 and 11 Exam Week
Tuesday 19th November	Year 12 Valedictory College Council 6pm
Wednesday 20th November	Final day of VCAA VCE Examinations Year 12 Valedictory
Friday 22nd November	Professional Practice Day—Student Free Day
Monday 25th November	Headstart - 2025 Academic Classes commence for years 10 and 11.
Friday 6th December	Year 10 and Year 11 Final Day Celebration of Learning Teams Day
Monday 9th December	Year 7, 2025 Parent Information Evening—6:00pm
Tuesday 10th December	Grade 6 Orientation Day
Friday 13th December	Year 7, 8 and 9 Final Assemblies
Monday 16th December	Celebration of Achievement Evening—6pm Stadium Alternative Program week

2025 Term 1 Key Dates—Full Dates are available on the Compass Calendar	
Tuesday, 28th January	Staff Professional Learning Day—Student Free Day
Wednesday, 29th January	Parent Teacher Conferences—years 7 to 11 / year 12 Federation University—No academic classes

OFFICE HOURS - Telephone: 8768 1000

FINANCE OFFICE: Monday to Friday: 8:30am – 4:00pm
ADMINISTRATION OFFICE:
 Monday to Thursday: 8:15am – 4:30pm
 Friday: 8:15am—4:00pm

Address: 65-69 Manuka Road, Berwick 3806
 Email: berwick.sc@education.vic.gov.au
 Web: www.berwickcollege.vic.edu.au



BERWICK COLLEGE NEWSLETTER
 Please keep up-to-date with all College news by reading the newsletter, following us on Facebook, reviewing Compass regularly and contacting the appropriate Home Group Teacher if you have any concerns.

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Principal's Report—Josie Millard

I am looking forward to meeting current parents and carers at the Parent Forum and hearing of their school experience.

I am delighted to announce that the Berwick College Captains for 2025 are Charlee Lancaster, Brayden Brown, Mackenzie Rees and Luke Greenshields. There is no doubt that they will be both fine ambassadors for the school and leaders of student voice and agency. I congratulate all the students who applied for the position, the standard of application was exceptional and the school is fortunate to have so many high quality young people seeking to influence their learning environment.

Student leadership applications for a variety of roles across the school are being reviewed for 2025. I am looking forward to announcing the whole student leadership team towards the end of the year. Finally, I wish to thank and acknowledge the outgoing College Captains for 2024; Shaya Hennessy, Matthew Nunn, Regan Gay, Tarran Frost and Kaiden Roewer. These five students have certainly set a high standard of commitment and dedication to Berwick College.



Over the past four weeks, staff have been collaborating on curriculum development and instructional practice to ensure students experience high-quality teaching and learning in their classroom. Feedback from data such as the Student Attitude to School Survey and NAPLAN has enabled teachers to identify specific areas of need and to implement strategies that directly improve student outcomes.

The year 12 revision lectures and practice exams over the term break help students to consolidate, retain and test their knowledge under timed exam conditions. It was wonderful to see the extremely high level of engagement by the year 12 students. We are confident that together, with the valuable feedback on areas for improvement they receive from their teachers, this will have a profound impact on their performance in their final exams. We look forward to celebrating with parents and year 12 students at the Valedictory evening at the conclusion of VCAA exams, Tuesday 19th and Wednesday, 20th November.

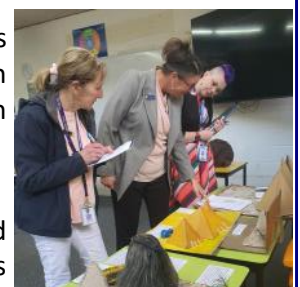
In a couple of weeks, year 10 and 11 examinations for all semester two subjects will be conducted. These will prepare students for external examinations and facilitate the development of effective preparation and study skills. Previously, year 10 exams were conducted in classes, now, the full curriculum will be tested under examination conditions.

Year 12 students celebrated respectfully and joyously the end of their secondary education. The VCE VM students have participated in final interviews and their pathways have been celebrated. It has been an absolute pleasure watching the positive culture of the school and I look forward to celebrating their final rite of passage, Valedictory, in the next few weeks. Each student joins the extensive alumni from across the 47 years.

Past staff and students, and community organisations such as The Rotary Club of Berwick, continue to sponsor our student achievement awards for the Presentation Night on Monday, 16th December.

The Art and Technology week, exhibition of student folios and practical work, as well as lunchtime activities, were enjoyed by students and staff. A tradition for nearly 50 years, one student's artwork is selected to form part of the school's permanent Art Exhibition in A Block or the Carole Bullock Gallery. The Dance Academy Junior Production 'Echoes of the End' is a year 7 to 9 student led assessment work and was a stunning display of talent, skill and artistry. I particularly enjoyed the extremely high standard of choreography.

I enjoyed judging the annual year 7 Ancient Egyptian Artefact Exhibition this week. It was very difficult to judge the best artefact from each class assessment task, based on presentation, inquiry and effort. Well done to all the students who participated in an excellent exhibition.



Parent and Carer Forum – Wednesday 6th November 5:30 – 6:30pm in Administration

I am looking forward to meeting current parents and carers at the Parent Forum and hearing of their school experience. This will be an invaluable time to meet other parents and to discuss areas of strength and areas we can improve on in our school community.

School Council Report

The most recent meeting of the Berwick College Council was at the College on Tuesday, 22nd October 2024. The College Council is the governing body of the school. It is responsible for developing and maintaining policies that assist and direct the operations of the school. The meeting agenda followed the standard format and contents.

This included a report from the principal about the key activities and achievements since the last meeting, noting the work that is being undertaken to prepare for 2025, including the School Review process in Term 1, 2025; and reports from the Council's sub committees (Policy and Planning, Facilities and Finance) and from student members, Teaghan and Hayley.

I would especially like to thank **Chloe and Matthew Nunn, Luke Greenshields and Charlee Lancaster** who together with Ms Hann, presented to Council members the unique camp learning experiences that 29 students and four staff enjoyed over the term break on the Cairns Environmental Tour.



The 2025 indicative cash budget and the Parent Payment policies were approved with minimal increases to financial contributions. The Parent Payments policies are available in Compass and on the [website](#). They outline the ways in which schools can request financial contributions from parents, and Council ensures that parent payment practices in schools are consistent, transparent and that all students have access to the curriculum.

Berwick College is dependent on locally raised funds, in the form of parent or carer contributions, to supplement the government funding. The voluntary contributions are essential for the operation of the school's curriculum programs, and the provision of specialist staff and additional equipment and resources.

In 2024, the locally raised funds supported the following initiatives:

- To upgrade student lockers and drinking stations
- To commence the student toilets, refresh project
- To roll out digital screens to every classroom
- To provide a wide range of programs and curriculum experiences
- To provide wellbeing programs and initiatives to support students.

This support has made a significant difference to the school environment, student wellbeing and the extended learning programs we offer.



If you have any questions about the above or are interested in the work of council, please contact the College Council President at phil.wightman@education.vic.gov.au

Mr Phil Wightman—President

Celebrating the Year 12 Class of 2024

A COLOURFUL FAREWELL

On Monday, October 21st, we bid a heartfelt farewell to our Year 12 Class of 2024 during a vibrant whole school assembly filled with confetti, streamers, and a whirlwind of mixed emotions. It was a day that truly celebrated the journey and achievements of our graduates.

The morning began with an engaging video tribute, showcasing the highlights of their final year. From unforgettable moments to laughter-filled antics, the video was a wonderful reminder of the friendships and experiences that have defined their time at school. It also included entertaining student and teacher awards that had everyone laughing and reminiscing.

The assembly served as a culmination of their last five days of school. Whilst making the most of this valuable class time, our cohort balanced the stress of exam study with some fun activities calling it their FINAL FIVE Days of classes, helping make it even more special. The year 12 students participated in crazy hair day, worked together to produce a class of 24 drone photo and played a "guess the staff prep photo" game all whilst wearing their own prep photo lanyards throughout the week! Of course, they ended their week by signing their uniforms to commemorate their very last day of classes, creating keepsakes to cherish long after graduation.

Following the assembly, the excitement continued as students were bussed to a series of celebration activities designed to burn off some energy before they knuckle down into study mode for their upcoming exams. The options included the thrilling aqua cable park, an adrenaline-pumping paintball session, and a relaxing trip to the cinema, ensuring a perfect mix of fun and camaraderie.

The day was a beautiful blend of joy and bittersweet farewells, as students took a moment to reflect on their journey and look forward to the adventures that await them.



Congratulations to the Class of 2024! Your future is bright, and we can't wait to see where it takes you.

Ms Rhiannon Plew & Ms Natasha Rallis—Year 12 Coordinators



2024 College Captains—Signing Off



Our 2024 College Captains have proudly contributed to, served and been wonderful ambassadors for the College, representing their peers and setting a positive example for others to follow. Following is some of the farewell speeches delivered to the school community on their celebration day.

Matthew Nunn: Well this is it, our last hoorah. As I stand here in front of you all, I still can't believe that this may be the last time I speak to you all and the last time some of us may share a laugh together. But it was like yesterday, where we eagerly waited in line as we got announced into our new learning teams. And now is the day where I say my final goodbyes to you all. Some days I wished this day couldn't come sooner, but now I wish I could be here just that little bit longer. But that's how life goes I guess, you don't realize how good something is until you lose it.

For my teachers, from yr 7-12 I would like to thank you all, not only leading me into the direction that has got me standing up here in front of you today, but also for putting up with my rubbish, answering my silly questions and most of all, just for being someone to talk to. I don't think as a school and as students we appreciate you guys enough. Everyday teachers come to school, and help lead all these students to where they want to go in life and although the students in front of me may take this for granted now, I promise you, as they look back later in life, they will remember your advice and wisdom you bestowed upon them, the skills you taught them and most of all the laughs you shared with them.

But today isn't just about looking back. Today is also about looking forward. The future is wide open for us now, and while that's exciting, it's also a little scary. We're leaving behind the structure of school, where everything has its place, and heading into a world full of new opportunities and challenges. Some of us will go on to university, others to work or new adventures. Whatever path we choose, I know each of us is capable of making the most of it.

But for you all who still have years left within the school, I would like you to take my advice, don't let your dreams be dreams, get out there and make the dream a reality, take the leap, at least then you'll know the outcome and never have to leave yourself with the thought of what could have been but rather what will be. You're only given one shot at this, so I plead to you all, make the most of it.

But Berwick College was more than just a school for me, it was a place where I made lifelong friends, and a place where I found myself and built the person I am today. Most of you guys won't understand the feeling us year 12s feel right now, but you will soon enough. For some of us, well for all of us, this journey has not been smooth sailing, from the wreckage of COVID, to all the individual battles you all have dealt with throughout the years. But we got through, we are battlers...that's what we do, and although we may be done with school, our journey is still not over, exams are on the horizon and we must push forward and keep working hard due to the fact, for a lot of us, this next month will be a major part in our coming years. But I would like to also mention this for our year 12s, today is a celebration, go have fun, spend your time doing the things you want to do, go party, because after today, it's time to lock in and do yourself proud. Thank you Berwick College, and this is **Matt Nunn signing out.**

Regan Gay: I would like to start by addressing my fellow year 12s. The people who have been doing it pretty tough this year with constant stress, SACs and the upcoming exams. I am so proud of each and every one of you and wish you nothing but an abundance of success as you enter this exam period. But what you deserve to hear most of all is congratulations. Congratulations on completing 13 years of schooling, congratulations for not giving up and congratulations for becoming the people that you are today. As you walk out of this gym for the last ever time, I am sure your next destination in life will be so successful and I cannot wait to hear all about it.

2024 College Captains—Signing Off



Regan Gay Continued...

I'm not really sure how to feel. Our lives are going to change drastically from this point on with us no longer coming here all day every day. I'm joyous to not stress over school anymore but that joy is overpowered with sorrow as I look around this room full of people who have supported me and look back on the memories we have made.

I would quickly like to give a shout out to my best friends who I have met through the dance academy. You are all who have gotten me through school and I am grateful for each of you.

It almost doesn't feel real that I won't be waking up at 7am tomorrow to come here. I am truly in denial about how close the next chapter of my life is. This time we walk out of this building will be our last.

Writing this speech forced me to reflect on the experiences I've had here at Berwick College, the highs and all the lows. It wasn't until then where I had taken the time to truly appreciate all that school offers.

With that being said, I'd also like to mention our future year 12s, whether you're the class of 2025 or 2029. Unfortunately, I don't recall much about year 7 camp or who my teachers were in the junior years. This made me quite upset because as I graduate, I want nothing more than for those memories to return. So take it from me, slow down and take in every moment. I thought I would be glad to leave this place but in reality, I want nothing more than to stay.

As Frank Ocean says, *"I ain't a kid no more, we'll never be those kids again"*.

Let this be your sign that life is moving insanely quickly. Before we know it we will be 20, then 30, then 50. I am very uncertain about what the future holds for each of us but I do know that we cannot let life escape from us.

Now, I have delivered my last speech to you all. Thank you for trusting me as your school captain, it has been an honour. **Regan Gay, signing out.**

Tarran Frost

13 years of 9-3:15 or 3:30 are over. Today is such a weird feeling. I'm sure some of you feel excited to have freedom and control over your lives, but many of you feel sad about what we're about to lose. After today I won't see my teachers everyday, or sit at our little table having lunch with my friends. I won't have another year 12 formal, and I won't do my deb ball again and watch my uncoordinated friends trip over each other's feet. I won't sit another SAC or have another school photo, go to a swimming carnival, go to another school camp, today is the end of what I call my 13 years of normal. Some of these things I feel comfortable leaving behind, and as a year 12 with a bottom locker, that humbling experience is definitely one of them. But many of the experiences and opportunities I have had here I will miss, and I will especially miss seeing my beautiful friends everyday that always manage to make me feel important, encourage me to do my best, and help me out even if it means parking my car when I really can't get it between the lines.

Over the years I have become a massive Macklemore fan. I often found myself taking advice from his music, so today I am going to leave this school with lyrics from two songs that have pushed me through the ups and downs that 6 years entail. "Growing up" and "Good old days."

"wish I wouldn't have worried about what other people thought, I felt comfortable with myself."

During my time at school I found I constantly worried about what other people thought of me, how I presented myself, how I spoke, laughed, whatever. But everyday I leave my home and feel comfortable with the person I am and the person I have become. I know I have pure intentions and constantly strive to be my best. Don't let yourself be controlled by the opinions of others because the chance that you're trying to grow as a person in the wrong soil is high. Find people that value and appreciate you for who you are and you will flourish.

2024 College Captains—Signing Off



Listen to your teachers! Most of the time your teachers have you as their priority, they want the best for you and your wellbeing. You're on the same team. Thank You to my teachers that encouraged, supported and taught me over the years, and especially the ones that made me feel valued. When I overheard a teacher's conversation I heard that we probably won't remember most of the content we learnt but how we felt in that class. And I know all my teachers this year made me feel like I wanted to go to their class so thank you for your constant effort to my learning.

*“Go to festivals, camp, fall in love and dance
You're only young once, my loved one, this is your chance
Take risks, 'cause life moves so fast”*

Sometimes it's so easy to get caught up in your mind and forget there is so much for you beyond school. This is a small portion of your life. When they told me year 12 went really fast it really did. Year 11s make the most of it. Year 12s we're about to have at least 5 months off. We haven't not been in school since we were 5 years old. Go and figure out who you are, who you want to be, travel, try new things, you don't know who you are without school and that should be something scary but also so exciting to find out. And for everyone else that is something so thrilling to look forward to. So push yourself through the ups and downs whether your downs are friendship issues or year 9 math, we've all been there. Look at this group and how far they've come.

*“Don't try to change the world, find something that you love
And do it every day
Do that for the rest of your life
And eventually, the world will change”*

I will cherish the memories I have made here, class of 2024 we made it!!.

And with that I leave this college behind. I wish you the best for however long you have left here. Berwick College has given me so many opportunities, and you should take advantage of your time here. And year 12s I wish you the best of luck for exams. **Tarran Frost signing off.**



Congratulations Charly
on commencing your
Certificate III in Business with
Ray White Pakenham.
Training supported Skillinvest.



Dance Academy—Victorian State Schools Spectacular (VSSS)—SPLASH



ECHOES OF THE END - JUNIOR BCDA PRODUCTION

Firstly, a HUGE congratulations to our year 7, 8 and 9 Dance students who performed in their student-led production *'Echoes of the End'* on the 16th and 17th of October. These students contributed to choreography and lighting design, and had creative control over the narrative of the junior production. We are privileged to be able to give our students the opportunity to explore their ideas and have voice over their learning. Thank you to our dance community for coming and supporting these students! Thank you to Ms Quenette, Miss Pyke and Miss Occhietti for all of their time contributing to the success of this production. We can't wait for next year!



VCE VET EXAMS

What a start to Term 4 with our VCE VET students completing their performance exams. These students have been working all year to perfect their two solos. We wish them all the best with their results! We are SO proud of you all.

SYDNEY DANCE COMPANY EXCURSION

On September 9th our Year 8 & 9 BCDA students headed to the Victorian Arts Centre and were taken on guided tours of the Australian Music Vault and a front of house tour of Australia's largest performing arts centre.

Students then headed down to the Playhouse Theatre to watch Sydney Dance Company's performance of Rafael Bonachela's *'Momenta'*. A beautiful journey into the poetry and physics of human connection which explores similar themes to our junior production *'Echoes of the End'*. Students attended the school's

performance which allowed them to attend a meet and greet with some company members and the choreographer. This gave students an opportunity to understand the choreographic process and how to get into the world of professional contemporary dance. A great day overall!

BELINDA STRODDER PHOTOSHOOT

Students have had the opportunity to take part in dance photoshoots in class time with professional dance photographer Belinda Strodder who has worked with dancers across Australia for many years. Students gain experience working with cameras and lights and in following direction; all skills that will assist students in careers after they graduate from school.

We look forward to finishing the year with some more valuable activities including attending Lioness Performance and Axis Performance in the upcoming weeks.



Ms Melissa Quenette
Director of Dance

Kenny Kangas Learning Team



Term 4 is upon us, and it is exciting times at Kenny. Our year 11 students are preparing for their exams and the transition to year 12. Congratulations to all of the Kenny year 11 students for their hard work. It is important that all students finish the year strong to build momentum for 2025. As we transition to a year of change, please reach out if you have any questions or concerns.

ATTENDANCE:

Remember that attendance is such a vital factor in ensuring that your child has the best experience during high school, particularly in Term 4. Please ensure that your child is attending every day, and when this is not possible, please inform Ms Melissa Kolbeck, our lovely Attendance Officer.

The EPIC prize for Term 4 is very exciting, so continue to be in class every day to earn your sticker for Term 4.

UNIFORM—READY TO LEARN:

We have started our 'Ready to Learn Cycle' for Term 4 and the focus is wearing the correct uniform. Please ensure you are wearing full school uniform everyday to earn your 'Ready to Learn' points. If you are out of uniform for any reason, please bring a note to Homegroup and get a note put on your Compass.

GREEN CHRONICLES:

Green chronicles are a great way of students being rewarded for their good work in class. We have seen so many students coming into F9 to redeem prizes. Keep up the great work! **We have restocked our prizes!** Remember to keep asking your teachers for Green Chronicles when you have shown positive behaviour in class that is linked to our ICARE values.



**Let's finish off a fantastic 2024.
Go the Kangas!**

**Mr Dustin Cunningham—Kenny Student Learning Leader
Mr Riley Boland - Kenny Learning Team Assistant**

O'Donoghue Otellas Learning Team



Welcome to Term 4! In Term 4, there are several exciting events and activities to look forward to including a Celebration Day on the 6th of December to farewell learning teams and welcome our new year level structure.

CELEBRATING SUCCESS IN O'DONOGHUE!

Well done to the recipients of Every Period In Class (EPIC) awards; **Max Marotta, Lachlan Hinton, Taylah Williams, Tahlia Kenny and Raphael Lu.**

Congratulations also to all the recipients of the Green Chronicle awards for outstanding behaviour; **Taya Birkett, Sienna Watson, Monique Richards, Carla Webb, Max Marotta, Lily McToldridge and Lola Kyprianos.**

A reminder that your green chronicles can be redeemed for rewards such as lollies, Zooper Doopers, stationery and more! Please come and see Mr Nugent or Ms Sawatzky in C1s to get your rewards for all your hard work.



As always, thank you for your continued support in upholding our College's values and maintaining a positive and inclusive environment.

**Mr Jesse Nugent and Ms Isabella Sawatzky
O'Donoghue Student Learning Leader & Assistant**

Chisholm Learning Team



We wish the best of luck to our year 12s for preparing for the last of their schooling exams and assessments. For our 'chislets' wrapping up their school year, the weather is getting warmer, and it is more important than ever to ensure we wear our uniform with pride and keep up our attendance to finish the year strong!

CELEBRATING CHISHOLM SUCCESS— Charlee Lancaster

A huge congratulations to Charlee Lancaster for her success on being appointed one of the 2025 School Captains! Charlee has been a vital cog in the Chisholm frameworks this year as Chisholm Learning Team Captain. Charlee has assisted in the running of all our events and has been an absolute delight to work with. From all of us at Chisholm, we look forward to seeing what she can do!! #ChisholmRepresent



Further shout-out and congratulations to those who earned themselves a smoothie lunch last Friday by achieving the status of a Term 3 EPIC (Every Period In Class) student: **Summer ATKINSON, Isabelle GELDERBLOEM, Archer HAYES, Nahush JOSHI, Aden MCNAB, Anh NGO, and Max Owen.**



Term 4 EPIC students will receive special privileges on our activity day... great things are coming!

READY TO LEARN: UNIFORM

The current Ready-To-Learn learning team competition has already started and is focusing on uniform – to be checked in homegroup at the start of each day. Chisholm currently holds the spot of number one with these challenges, let's keep this up and bring home the glory!!

Please remember that if your child is out of uniform they are required to bring a note and show it to their homegroup teacher to get a uniform pass. Hoodies are not able to be worn at school for any reason. If students do not have this note they will get a uniform infringement. Please get in contact with us if you are struggling to source uniform as we can provide support.

Green Chronicle Awards

Been given green chronicles lately? Make sure to come up to F9 and see what your chronicles can get you! We are always on the look out to highlight Chisholm achievements so if you have achieved something or know someone who has, please let us know! **Let's finish our year strong!**



Mr Daniel Bowen—Chisholm Student Learning Leader

Mr Daniel Leane—Chisholm Student Learning Leader Assistant

Hollows Hawks Learning Team



Welcome back to Term 4 team! We have achieved so much this year in winning the Swimming Carnival, runners up in the Athletics Carnival, Ready to Learn Sprint Leaders, and several students representing State and National level competitions. We are so proud of your efforts and resilience this year.

CONGRATULATIONS

Congratulations to our E.P.I.C. students: **Alexander Giurgiu, Piper Peterson, Tahlia Simmons, Ava Daly, Koby Baxter, Riley Iacuone, Rachael Lu and Harry Du Bois** for being in the top 5% of students for their attendance in Term 3.



Term 4 E.P.I.C. students will receive special privileges for the end of year celebration day so keep an eye on your attendance.

Our last **Ready to Learn** Sprint will involve uniform. We will be running this for the next three weeks:

- If you are in correct uniform, you will be awarded a green 'Ready to Learn' chronicle.
- If you are NOT in correct uniform, you will be issued a uniform infringement.
- If you are NOT in correct uniform, but DO have a note from home, you will get a uniform pass.



Ms Annabel Bond & Mr Dylan Harris—Hollows Learning Team Leaders

Student Learning Leader - annabel.bond@education.vic.gov.au

Assistant Student Learning Leader – dylan.harris@education.vic.gov.au

Sustainable School Shop Second-hand textbooks and uniforms

We are partners with the Sustainable School Shop to provide families access to second-hand textbooks, uniforms, calculators, musical instruments, sports gear and much more! Sustainable School Shop have preloaded items specific to our school onto their site. This makes it super easy to list your items for sale and to buy items.

See all the second-hand **uniform** items for sale here:

<https://www.sustainableschoolshop.com.au/stocktake/berwick-secondary-college>

See all the second-hand **textbooks** for sale here:

<https://www.sustainableschoolshop.com.au/booklist/berwick-secondary-college>

So jump onto the site, register and list your items for sale, you will be:

- reusing items rather than adding to landfill
- making money on items you sell
- saving money on items you buy
- providing another family in our school with cheaper items
- helping to create a culture of contact amongst our school community families!

Login or Register here: <https://www.sustainableschoolshop.com.au>



Community News



Good Food Emporium, the freshest face in wellness right on your doorstep!



SUPER LARGE LIFESTYLE & WHOLEFOOD STORE AND CAFÉ

Whether you're looking for the perfect vegan cheese, organic fresh produce, want to live sustainably, or need somewhere relaxing to catch up with friends, Good Food Emporium is your perfect destination experience.

We strive to bring our community along on the journey with us: offering complementary wellness sessions & professional advice from our team of friendly professionals. Wander the aisles filled with an enormous variety of wholefoods and organic fruit & veg or enjoy browsing the extensive range of thoughtfully curated artisan and planet-friendly products.

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NEXT TO BABY BUNTING!
PHONE: (03)9704 9779

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What You'll Learn...

- How to navigate feeling 'unimportant' and powerless as your child evolves in their adolescence.
- Understanding the teen years - what's age-appropriate behaviour and what's cause for concern?
- The paradox of friendship - why teens invest more into their friendships even when they become a major source of conflict.
- The ideal parenting mindset to have as a child's need for independence and exploration grows.
- Strategies to regulate your own emotions when you're about to lose it!

EVENT DETAILS

Date: Thursday 14 November
Time: 7:00pm - 8:30pm
Location: Performing Arts Centre
Format: Presentation with Q&A

About Your Presenter

Heidi Rogers is a clinical psychotherapist with 20 years' experience in mental health, parenting, and trauma therapy.

Heidi's trauma-informed approach has helped thousands of families around the world to better understand and meet the unique needs of their anxious, strong-willed or neurodivergent children.

She works in private practice in Melbourne, runs interactive parenting programs online, and tours with her tailored talks specialising in mental health issues & their solutions.

CONNECTED LIBRARIES



Andy Griffiths at Bunjil Place



Let your imagination run wild at this stage show with Andy Griffiths.

Get a photo with Andy and purchase a signed copy of the new book.

Bunjil Place Theatre
 Sunday 24 November, 2pm
 Free
 Scan the QR code to book your spot.
 All Ages

connectedlibraries.org.au



CONNECTED LIBRARIES



Sensitive Santa



Sensitive Santa is visiting Cranbourne West Library Lounge and Endeavour Hills Library!

Sensitive Santa allows children with special needs to access Santa in a sensory friendly environment.

Cranbourne West Library Lounge: Monday 25 November and Tuesday 26 November
Endeavour Hills Library: Friday 29 November and Saturday 30 November

Sessions are free and run for 10-15 minutes.
 Bookings open until Friday 15 November (unless booked out prior).

connectedlibraries.org.au/sensitivesanta
 1800 577 548



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We rehearse weekly on Wednesday evenings in Berwick. We are open to musicians of all ages, backgrounds and levels!

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GREG MARKS (BAND DIRECTOR): 0421 611 930

WWW.CASEYCONCERTBAND.ORG

